

Family Promise
740-513-1735

www.familypromise-delawareohio.org

Family Promise provides assistance in helping homeless families with children in Delaware County. An Interfaith Hospitality Network of congregations and volunteers meet homeless families' immediate needs for shelter, meals, and comprehensive support services.

**Delaware General Health District (DGHD)
Car Seat Program**
740-203-2082 or www.delawarehealth.org

The Delaware General Health District (DGHD) car seat program provides car seats to income eligible (WIC or medical card) custodial parents of children residing in the Delaware General Health District. The DGHD Safe Kids Certified Child Passenger Safety Technicians provide education and hands on installation of the car seat (and child when applicable) to the parent(s). The parent is provided with a seat that is most appropriate for the child.

**Educational Service
Center of Central Ohio**
740-548-7880
www.escofcentralohio.org

Early Learning Special Education Programs:
This half-day, center-based Early Learning program provides trans-disciplinary services to preschoolers with disabilities. Students with disabilities benefit from small group instruction in a supportive environment that includes interacting with typically-developing peer models. Itinerant services are also available to assist children in their home, preschool, or childcare setting.

Delaware County Ohio (PIN)
740-363-6284
www.delawarepeopleinneed.org

People In Need is a family service agency bringing together and organizing various ways to lend a helping hand to residents of Delaware County, Ohio. By taking care of short-term emergency food, medical or housing needs, we give our clients the stability to help them find a more permanent way to improve their situation. Using available community and government resources, we work with clients to help them develop a plan to assist in the rebuilding process.

If your child is over the age of 3,
contact your
local school district
concerning your
child's educational needs.
They and Child Care Centers like
Liberty Community Center
offer preschool classes for
your child to attend.

Big Walnut: 740-965-3010
Buckeye Valley: 740-363-6626
Delaware: 740-833-1127
Olentangy: 740-657-5619
Westerville: 614-797-5909

**Don't forget your child's
Immunizations!**
Childhood immunizations are
available at the
Delaware General Health District
740-203-2040 or
www.delawarehealth.org



*Family & Children
First Council*

Created April 2010

For an electronic version of this brochure please, visit
www.fcfdelawarecounty.org

Developmental Milestones

Birth to 6 months	2 Years to 3 Years
Smiles Laughs out loud Listens to voices & makes eye contact Lifts head when on tummy Follows moving object with eyes Holds a rattle or toy Makes cooing noises Rolls over Pulls to sitting holding someone's fingers	Pedals a tricycle Dresses himself/herself with help Builds a tower 8 blocks high Tells you when he/she is cold, wet, hungry Kicks a ball Points to 3-5 pictures in a book Jumps with both feet Copies circles or lines on paper Understands in, on, out Uses 2-3 words together such as "more juice please"
6 Months to 1 Year	3 years to 4 Years
Sits alone by 8 months Turns head to voice Crawls Claps hands and waves bye Enjoys baby games (patty-cake & peek-a-boo) Copies familiar speech sounds (mama/dada) Pulls self up to stand Uses fingers to eat some foods Takes steps with help Reaches for toys with either hand	Catches ball with arms held out straight Understands yesterday, tonight, big & little Goes to toilet without help Tells stories Knows 2-3 colors Balances on one foot then the other Brushes his/her own teeth Counts to 3
12 Months to 18 Months	4 Years to 5 Years
Has learned to stand alone Walks fairly well Dumps things & picks them up Drinks from a cup Says between 7 and 20 words Points to things you name in a picture Throws ball; standing or sitting Removes hat, socks, shoes Indicates need through sounds & gestures	Cuts simple patterns with scissors Identifies colors and shapes Runs, races, and tries to skip Says most sounds correctly Follows 2 step instructions Throws a ball over his/her head Knows his/her sex, age, and full name Says sentences of 5 or more words
18 Months to 2 Years	
Builds a tower 4 blocks high Combines 2 words such as "up mom" Recognizes lots of pictures "doggie, cow" Names more than 3 body parts Likes to draw on paper Uses a spoon to feed himself/herself Runs and likes to be chased	

a b c

Helping the Children of Delaware County

Birth through 5 years



Representatives from local agencies and schools, serving children birth to five, working together to identify children with special needs, and providing & coordinating services for them.

**Help Me Grow
(Early Intervention
Developmental Program)
740-203-2090 or
www.delawarehealth.org**

The primary purpose of the Help Me Grow program is to identify children (birth to 3 years) with delays as early as possible and connect them to specialized services. Help Me Grow provides the following services free of charge for children: a developmental evaluation is completed to determine if a child is eligible for specialized services (speech, physical and occupational therapies) and a Service Coordinator helps the family coordinate the services needed for their child.

**Help Me Grow
(Home Visiting Program)
740-203-2090 or
www.delawarehealth.org**

An Educational Home Visiting Program is also available for first time mothers with children under 6 months of age that meet income eligibility requirements. Home visitors provide in-home parent education, support, and referrals to community resources.

**Help Me Grow
(Family Support Programs)
740-203-2090
www.delawarehealth.org**

Down Syndrome Playgroup - This group meets the 1st Wednesday of every month at the **Dunlap Center**, 439 Dunlap Street in Delaware. Families of children with Down syndrome, birth to about the age of 6, can attend this playgroup.

Autism Support Group - This group usually meets the 3rd Wednesday of every month at the **Dunlap Center** (see above). Families with toddlers, preschoolers and elementary aged children can attend these meetings.

**Action for Children (AFC)
740-369-0649 or www.actionforchildren.org**

Action for Children helps parents find family child care or child care centers for ages Birth to 12 years. AFC can also provide information about pre-school and school age programs. AFC provides referrals to community resources and child development information as well as links to parenting classes. Contact us for more information about quality early learning experiences.

**HelpLine
24-Hour Crisis Hotline: 2-1-1
or 1-800-684-2324
740-363-1835 or www.helplinedelmor.org**

HelpLine provides a 24 hour telephone support and information line. The line is answered by professionally trained workers who will provide comfort, reassurance, and linkage to a wide array of community resources.

**Job and Family Services
740-833-2300
or www.delawaredjfs.org**

Provides the followings services:

- Protective Services-case management services
- Screening and Referral
- Intake and Investigation
- Placement services for children
- Foster home verification (initial and annual) and training
- Adoption services

Please note the families must meet the screening guidelines established by ODJFS to be eligible for services.

**Central Ohio Mental Health Center
(Early Childhood Mental Health Consultation)
740-369-7688 or www.comhc.net**

The purpose of the Early Childhood Mental Health (ECMH) Consultation program is to identify and address early childhood behavioral health needs in subsidized child care centers and Head Start programs. ECMH Consultation services include, classroom assessment, training and education of child care providers, and assistance and referrals for families of young children at-risk for removal from their child care setting. These services are available to identified early childhood care centers and can be accessed by center staff and/or parents.

**Big Brothers and Big Sisters of Central Ohio
740-369-2447. or
www.bbbscolumbus.org/delaware.html**

Big Brothers Big Sisters of Central Ohio matches children between the ages of 5 to 14 who could benefit from the friendship of a Big Brother or Big Sister volunteer through Community-based and School-based programs.

**Delaware County
Family & Children First Council
614-390-1500 or www.fcfcdelawarecounty.org**

The Delaware County Family and Children First Council is a partnership of public and private non-profit and for-profit child and family serving agencies and organizations committed to improving the well-being of children and families in Delaware County.

It is the vision of the Family and Children First Council for Delaware County to be a place where families and children thrive and are empowered to maximize their potential.

**Delaware County Board of
Developmental Disabilities
Early Intervention
740-368-5830 or www.dcbdd.org**

Delaware County Board of Developmental Disabilities Early Intervention serves families with infants and toddlers (birth to 3 years) with delays in development. Services may include home visits by a developmental specialist, therapies, and community groups. Eligibility is determined through the Help Me Grow Central Intake and Referral.

**Delaware County Board of
Developmental Disabilities
Family Support Administration
740-368-5801 or www.dcbdd.org**

Supports families with children (3 through age 10) with delays in development. Questions on eligibility or to make a referral please contact the agency.

**Leads Head Start
740-363-8810 or www.leadscas.org**

Free educational preschool for eligible children 3-5 years old. Services provided include health, mental health, and disability services as well as family social services and nutrition. Meals are provided.

**Early Head Start
740-369-7473 or www.leadscas.org**

Home based program for eligible expectant mothers and children up to age 3. Services provided include education, health, mental health, and disability services as well as family social services and nutrition.