

LCC MONTHLY MENU

M

a

r

c

h

			1 AM- French Toast, Applesauce, Milk LUNCH- Minestrone Soup w/ Meatballs, Wheat Crackers, Fruit Cocktail, Milk PM- Rice Cakes, Milk	2 AM- Cereal, Banana, Milk LUNCH- Fish Sandwich, Mixed Veggies, Pears, Milk PM- Tortilla Roll-up w/ American Cheese, Water
5 AM- Cereal, Pears, Milk LUNCH- Chicken Taco, Salad w/dressing, Peaches, Milk PM- Cherry Apple Crunch Bar, Milk	6 AM- Bagel w/ Cream Cheese, Banana, Milk LUNCH- Hot Dog w/ Baked Beans, Oranges, Milk PM-Strawberry Grain Bar, Berry Blend Juice	7 AM- Cereal Peaches, Milk LUNCH- Chicken & Rice Casserole, Green Beans, Apples, Milk PM- Scooby Graham Crackers, Strawberry Yogurt, Water	8 AM- Oatmeal & Raisin Breakfast Square, Applesauce, Milk LUNCH- Veggie Soup, Grilled Cheese, Mixed Fruit, Milk PM- Oatmeal Cookie, Milk	9 AM- Cereal, Banana, Milk LUNCH- Caesar Chicken Sandwich, Corn on the Cob, Mandarin Oranges, Milk PM- Ritz Crackers, Cheese, Water
12 AM-Cereal, Pears, Milk LUNCH-Chicken Strips, Mashed Potatoes w/ gravy, Wheat Roll, Oranges, Milk PM-Wheat Crackers, Cottage Cheese, Water	13 AM- Bagel w/ Cream Cheese, Banana, Milk LUNCH- Fish Nuggets, Carrots, Apples, Milk PM- Crispy Rice Bar, Apple Juice	14 AM- Cereal, Peaches, Milk LUNCH- Spaghetti w/ Marinara, Diced Turkey, Salad, Mixed Fruit, Milk PM- Animal Crackers, Blueberry Yogurt, Water	15 AM- Cinnamon Raisin English Muffin, Diced Apples, Milk LUNCH- Turkey Burger W/ Bun, Carrots, Pineapple & Milk PM- Goldfish Crackers, Milk	16 AM-Cereal, Bananas, Milk LUNCH- Irish Stew, Wheat Crackers, Honeydew Melon & Milk PM- Vanilla Wafers, Chocolate Milk
19 AM-Cereal, Pears, Milk LUNCH- Sloppy Joes, Carrots, Apricots, Milk PM- Fig Newton, Milk	20 AM- Bagel w/ Cream Cheese, Milk LUNCH- Corn Dogs, Peas & Carrots, Oranges, Milk PM- Apple Granola Bar, Grape Juice	21 AM- Cereal, Peaches, Milk LUNCH- Ham Steak, Mac & Cheese, Celery, Apples, Milk PM- Graham Crackers, Strawberry Yogurt, Water	22 AM-Waffles w/ Syrup, Oranges, Milk LUNCH- Turkey & Veggie Soup, Apricots, Wheat Crackers, Milk PM-Snack Mix, Milk	23 AM- Cereal, Banana, Milk LUNCH- Chicken Patty Sandwich, Green Beans, Fruit Medley, Milk PM- Wheat Crackers, Cheese Stick, Water
26 AM-Cereal, Pears, Milk LUNCH-Pepperoni Pizza, Sweet Potato Puffs, Oranges, Milk PM-Pretzels, Milk	27 AM-Bagel w/ Cream Cheese, Banana, Milk LUNCH- Chicken Nuggets, Peas, Apples, Milk PM-Multi Grain Choc. Chip Bar, Orange Juice	28 AM-Cereal, Peaches, Milk LUNCH- Ranch Pasta, Diced Ham, Carrots, Pineapple, Milk PM-Teddy Grahams, Blueberry Yogurt, Water	29 AM- French Toast, Applesauce, Milk LUNCH- Minestrone Soup w/ Meatballs, Wheat Crackers, Fruit Cocktail, Milk PM- Rice Cakes, Milk	30 AM- Cereal, Banana, Milk LUNCH- Fish Sandwich, Mixed Veggies, Pears, Milk PM- Tortilla Roll-up w/ American Cheese, Water